



Redding to Whiskeytown

Start is at the far north-east corner of Mary Lake on the concrete trail adjacent to Lakeside Drive

- 0.00 Start the start is at the far north-east corner of Mary Lake on the concrete trail adjacent to Lakeside Drive head west around the north side of the lake.
- 0.20 Intersection northwest corner of lake take the right leg towards the west and Kilkee Drive
- 0.30 Kilkee Drive paved trail empties onto Kilkee Drive, head west (straight ahead) on Kilkee
- 0.50 Westside Trail TH– continue west on Kilkee until it ends, note the trail head on the west end of the cul-de-sac turnaround. Head west on the Westside Trails
- 0.70 Trail intersection just after the Westside Trail takes a hard turn to the left and starts up the hill you will hit an intersection on the grade, take the trail to the right
- 1.00 Trail intersection four way intersection take the trail to the right up the hill, look for the big sweeping left banked curve immediately ahead
- 1.05 Trail intersection just after the uphill sweeping turn to the left you will reach another trail intersection take a right into the ditch trail you will stay on this ditch trail for awhile ignore the numerous trail options that take you up the hill to the left, stay in the ditch
- 1.90 Intersection with Valparaiso Way the mostly ditch trail will empty you onto Valparaiso Way continue immediately across Valparaiso and the Westside Trail will pick up there, continue and stay on the main trail (there will be a couple weak options to the right...ignore these)
- 3.40 Intersection with fire road after a good climb the West Side trail intersects with a fire road take a left and head up to a great vista point on Top of the World
- 3.50 Top of the World vista enjoy the view before heading back down the fire road you just came on
- 3.60 Westside Trail Valparaiso Downhill take the fire road back down from the top and turn on the single track you came up on.
- 4.80 Back to Valparaiso Way wasn't that fun! turn left on Valparaiso and take the paved road downhill.
- 5.30 Valparaiso Way ends at Lower Spring Road take a left on Lower Springs and take that until it ends at Swasey.
- 6.40 Swasey Drive take a left and head up the hill to the top of the grade.
- 6.80 Wintu TH At the top of the hill is a pullout and a trail that starts at the west end. This is the east end of the Wintu Trails, after resting some, start the climb up the hill (go straight, not down the hill to the left). Stay on the well-traveled trail for the next 1.2 miles.

- 8.00 Note the heavily signed trail to the left, this is the Enticer. Head downhill and have some fun...you don't have to jump:)
- 8.80 Wasn't that fun take the dirt road ahead and stay on that until it intersects with another more heavily traveled dirt road Delano Drive.
- 9.00 Turn right on Delano Drive and head west towards the Upper Swasey Parking Lot.
- 9.50 Upper Swasey Parking Lot take the well-traveled single track at the North end of the parking lot. This is a portion of the Meiners Loop and will lead to the Escalator.
- 10.10 Trail Intersection Meiners Trail goes right up the hill, stay straight on to the Escalator Trail and climb for the next 20 minutes plus/minus.
- 12.70 Top of Escalator Intersection marked by another picnic table and the intersection of five single track trails take the trail nearly straight ahead and down into Whiskeytown Park. Enjoy the old school downhill
- 14.20 Intersection with Mule Town Road (unpaved) take a right onto Mule Town Road. You will be on this road only for a short distance to the bottom of the hill.
- 14.30 Intersection with Buckhollow Trail at the bottom of the hill hang a hard right onto Buckhollow Trail (signed)...always tougher going this direction
- 15.20 Intersection with Mule Town Road Buckhollow Trail empties onto Mule Town Road, take a right on Mule Town Road and head up hill for a while before a mostly paved road descent into Old Shasta.
- 18.00 Intersection Mule Town Road and Red Bluff Road after several miles of unpaved to paved Mule Town Road, it will "T" with Red Bluff Road at Old Shasta Elementary School take a left for a few hundred feet
- 18.10 Intersection Red Bluff Road and Middle Creek Road take a right on Middle Creek Road and head towards State Route 299.
- 18.20 Intersection with State Route 299 cross 299, stay on Middle Creek Road and pass the gate.
- 18.40 Intersection with Middle Creek Trail at the Middle Creek Trail intersection (note the yellow bollards), hang a left and head up the hill (don't go through the bollards)
- 18.50 At the top of the hill the road empties into a large unpaved parking area take a left to the far west edge where the French Fry Trail will start
- 18.55 French Fry Trail Head head up the trail. Next few miles are flowy and fun (up and down)
- 19.90 Powerline intersection after the fun you just had on the newer segment of French Fry you will stay straight at the powerline road onto the older section of French Fry for some old school fun.
- 23.40 Trail Intersection at the top of the hill, veer left onto a flowy fun trail segment.

- 23.90 Intersection with old railroad grade once you hit the old railroad grade (note the ballast still intact), take a left and the single track trail will continue to the right
- 24.20 French Fry TH (northern end) at Iron Mountain Road the French Fry ends at Iron Mountain Road. Take a left and head towards Keswick Dam Road
- 24.25 Intersection of Iron Mountain Road and Keswick Dam Road take a right on Keswick Dam Road and head east.
- 25.20 Keswick Dam Road Parking Lot and Sac River Trail take a right onto the Sac River Trail and head downriver past the Stressed Ribbon Bridge
- 26.50 Middle Creek Trail Intersection take Middle Creek Trail paved trail back towards the West
- 27.80 Middle Creek to 299 Trail take the single track to your left and head towards Route 299
- 28.20 Keep on the main trail until it hits the paved frontage road (note at the top of the hill there will be an option to the right...don't take it) take a left on to the paved frontage road (frontage to Route 299)
- 28.50 Route 299 Intersection Upper Salt Creek Trail Head the paved frontage road ends and turns to a short unpaved trail that ends at Route 299. Cross Route 299 and the Salt Creek Trail starts on the south side. Take the Salt Creek trail.
- 29.90 Upper Salt Creek Trail ends at Lower Springs Road take a left onto Lower Springs Road
- 29.95 Valparaiso Way almost immediately after getting on Lower Springs Road, take a right onto Valparaiso Way
- 30.50 Westside Trail note the West Side ditch trail you were in earlier? Take a left onto the same trail and back into the ditch.
- 31.40 Stay in the ditch trail past the downhill option that you went up earlier in the day. Little more ditch fun before you are done with the dirt!
- 32.30 Intersection with Kilkee Drive as you already know now, the single track dirt ends at Kilkee Drive. Take Kilkee back towards Mary Lake.
- 32.50 East end of Kilkee Drive at the end of Kilkee take the paved trail towards Mary Lake
- 32.70 Back at Mary Lake and your Start. Well Done!