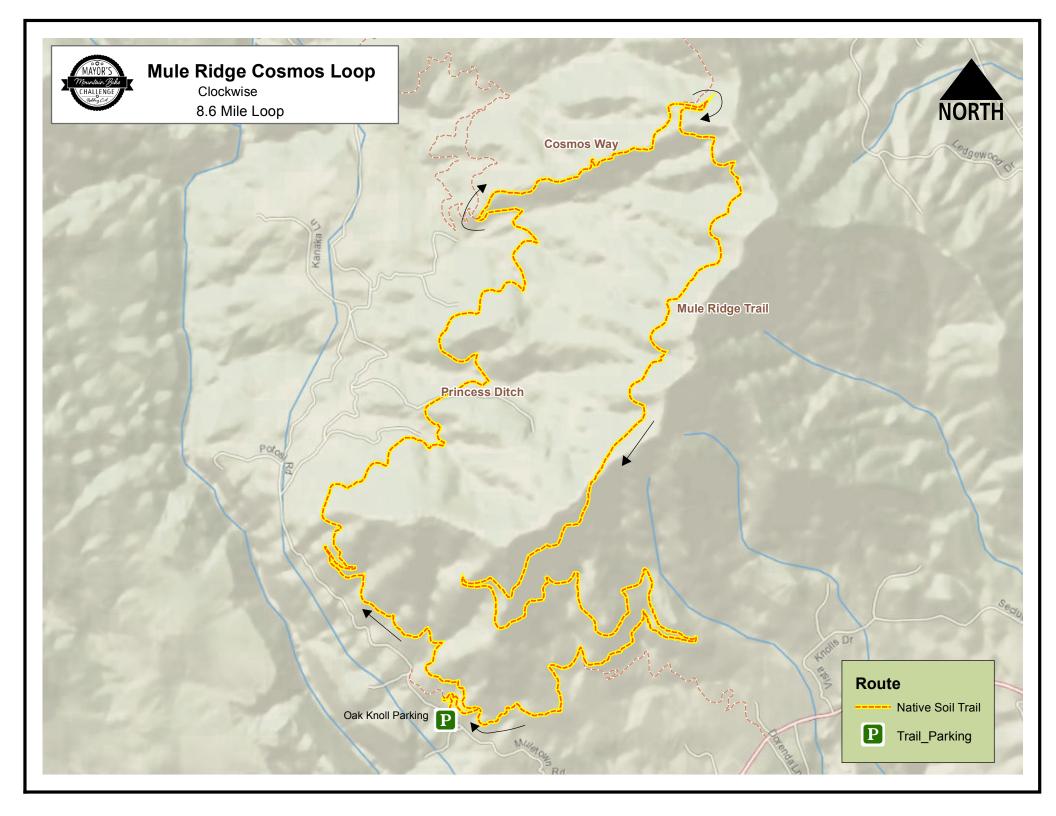
# mayorsmtbchallenge.org



Redding's second local Mountain Bike Challenge uniting current and new bicyclists in a friendly self-competition highlighting our diverse trail system.

# ER REDETE



# **Mule Ridge - Cosmos Loop**

# Clockwise

Start at Oak Knoll parking lot which is about ¼ mile North of Placer Road on Muletown Road

PM 0.00 - Starting at Oak Knoll Parking lot, cross the road and head up the trail

PM 0.10 – Turn right and follow trail

PM 0.20 - Princess Ditch - Go left when you get to the ditch

PM 1.70 - cross the dirt road, keep on the trail

PM 2.00 - cross this dirt road too, keep on the trail

PM 3.10 - Bottom Cosmos – turn right and go up Cosmos

PM 3.85 – Top of the Cosmos - you will see some signing and a trail that dives off to the left towards Black Bear Pass. Don't take that trail, stay straight and keep going up for a few more minutes.

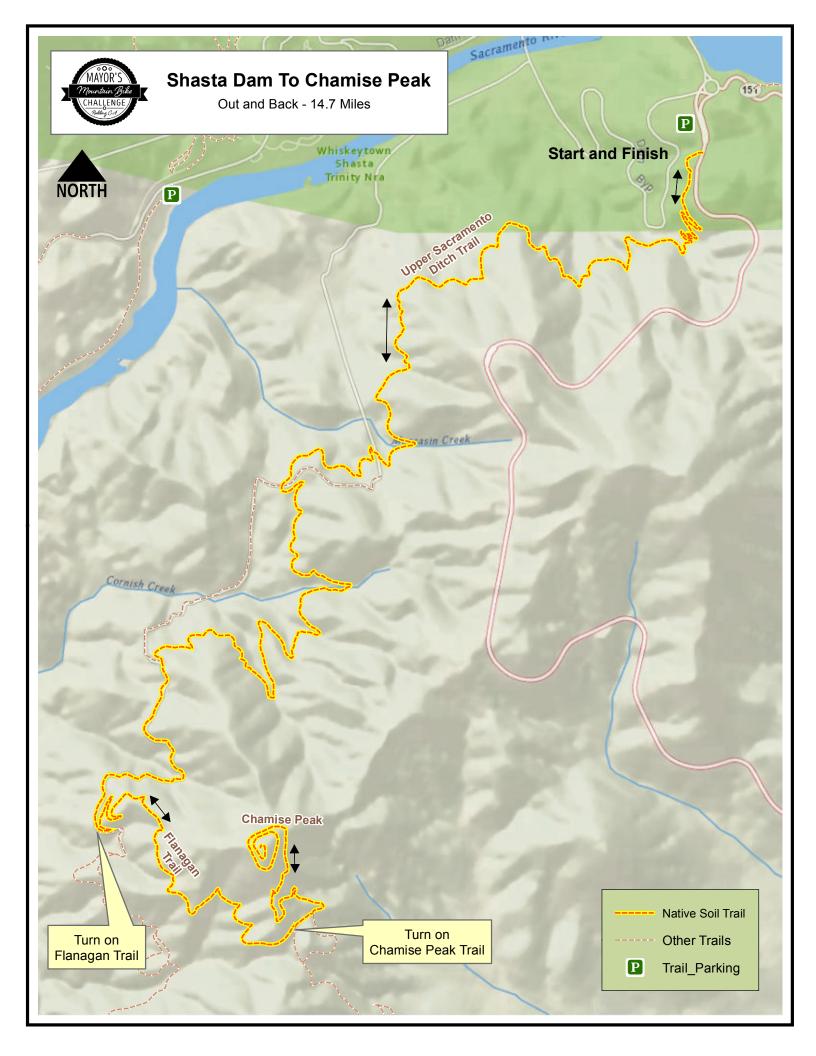
PM 3.95 – Big Switchback to the right - note the picnic table and take advantage if you are ready for a break. Otherwise, continue on, its mostly cross county for the next mile and a half.

PM 5.5 – Trail begins to descend rapidly. Some call this section Disneyland, for a reason, have fun!

PM 7.70 - Trail intersects with a single track that takes you down to Placer. Don't go there, stay straight.

PM 8.30 – Trail to Oak Knoll TH – turn left at the trail intersection

PM 8.6 – Oak Knoll TH – Done!

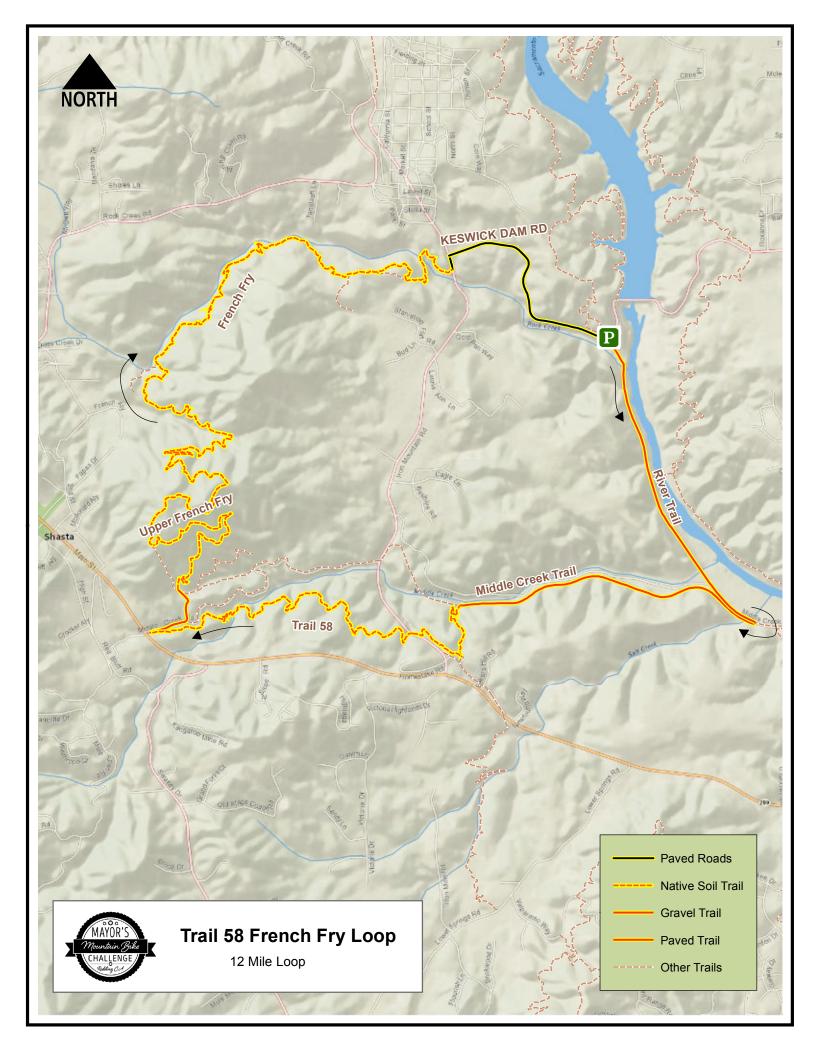


# Shasta Dam to Chamise Peak

#### Park on the south side of the Shasta Dam visitors parking lot

Head south on the road for 100 yards and the trail starts on your right.

- PM 0.0 Down Upper Sac Ditch trail
- PM 5.1 Turn left following signs up to Chamise Peak
- PM 6.3 Turn left up towards Chamise Peak
- PM 6.4 Keep left up towards Chamise Peak
- PM 7.3 You are on top of Chamise Peak ... enjoy the view... you will now be backtracking to the parking lot
- PM 8.3 Turn right headed down to Upper Sac Ditch Trail
- PM 8.4 Keep Right headed down to Upper Sac Ditch Trail
- PM 9.6 Stay straight onto Upper Sac Ditch headed to Shasta Dam
- PM 14.7 -You are back at the trailhead at Shasta Dam. Well done!!



# Trail 58 / French Fry Loop

#### Parking lot is off Keswick Dam Road Where Sacramento Rail Trail Meets Sacramento River Trail

PM 0.0 – Keswick Dam Road Parking Lot (Sac River Trail) - Start to the River Trail South

PM 0.6 – Keep on the River Trail right past the Stressed Ribbon Bridge

PM 1.4 – Middle Creek Trail Intersection – take Middle Creek Trail back towards the West (right)

PM 2.7 – Middle Creek to 299 Trail – take the single track to your left

PM 3.0 – At the top of the hill turn right at trail 58 (if you stay straight and hit the paved 299 frontage road, you have gone too far).

PM 3.2 – Intersection with Iron Mountain Road – cross Iron Mountain Road to the pull out on the other side.

PM 4.9 – West TH for Trail 58 at Middle Creek Road – when the single track Trail 58 runs into a paved road you are on Middle Creek Road. Turn right and head through the gate on Middle Creek Road.

PM 5.1 – Middle Creek Trail Intersection – take the paved road up the hill towards the Waste Management Transfer Station towards the French Fry Trail (don't go through the yellow bollards on to the Middle Creek Trail.)

PM 5.15 – At the top of the hill the paved road ends and you enter a large gravel parking lot. Look for the Kiosk and map where French Fry starts

PM 5.2 – French Fry TH (southern end) – at the end of the parking lot you will see signs for the French Fry Trail – take the single track to the right and start heading up the hill

PM 6.6 – Top of the French Fry Climb, take a breather before a fun downhill.

PM 8.6 – Intersection with Dirt Road/Power Line – downhill is done but more fun ahead. Stay straight, this section of French Fry is a little more technical, don't be afraid to walk some small sections.

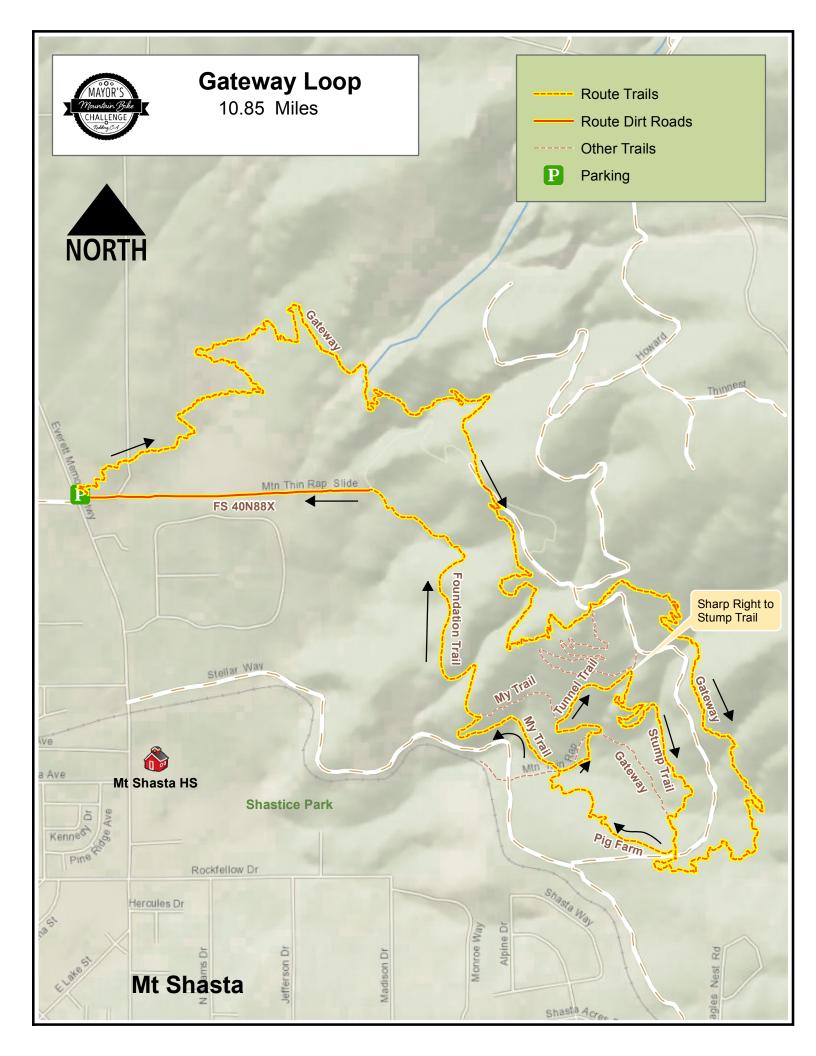
PM 10.4 – trail options – at the top of the hill, stay straight or hang a left, both end up at the same spot. The recommendation is left...flowy and fun!

PM 10.7 – intersection with old railroad grade – once you hit the old railroad grade (note the ballast still intact), take a left and the single track trail will continue to the right, take that trail

PM 11.0 – French Fry TH (northern end) at Iron Mountain Road – the French Fry ends at Iron Mountain Road. Take a left and head towards Keswick Dam Road.

PM 11.1 – Intersection of Iron Mountain Road and Keswick Dam Road – take a right on Keswick Dam Road and head east.

PM 11.9 – Keswick Dam Road Parking Lot – to your left, you are back to your start. Done!



### Mt Shasta Gateway Loop

#### Start at Gateway Parking Lot on Everett Memorial Highway past the high School

- PM 0.00 Start on Gateway Trail that head out North East of the parking lot
- PM 2.80 Cross Forest Service Road Stay on Gateway Trail
- PM 4.00 Cross Forest Service Road Stay on Gateway Trail
- PM 5.90 Trail and Road Intersection Take Pig Farm Trail
- PM 6.50 Right on Gateway Trail
- PM 6.55 Right to stay on Gateway Trail
- PM 6.70 Left on Tunnel Trail (signed)
- PM 6.85 Pass Trail on left
- PM 7.10 Right on Stump Trail (stay on main trail ignore side trails)
- PM 7.95 Left on Gateway Trail
- PM 8.05 Right to Pig Farm Trail for second time. Should be fun and fast this time.
- PM 8.65 Straight across this time to My Trail (stay on main trail ignore side trails)
- PM 9.10 Left on Foundation Trail (Signed)
- PM 10.10 Left on Forest Service Road 40N88X
- PM 10.85 Back at Parking Lot, Good Job!!



# **Dry Creek**

#### Park on the south side of the Shasta Dam visitors parking lot

Head North towards Shasta Dam. You must take the sidewalk around the barricade to get on the road on top of the dam. When you get to the north of the dam turn right and follow paved road to the end.

Turn left and follow the edge of the lake about ¼ mile to the beginning of the trail.

Do not Worry there is no trail, but if you follow the edge of the high water line you will see the trail.

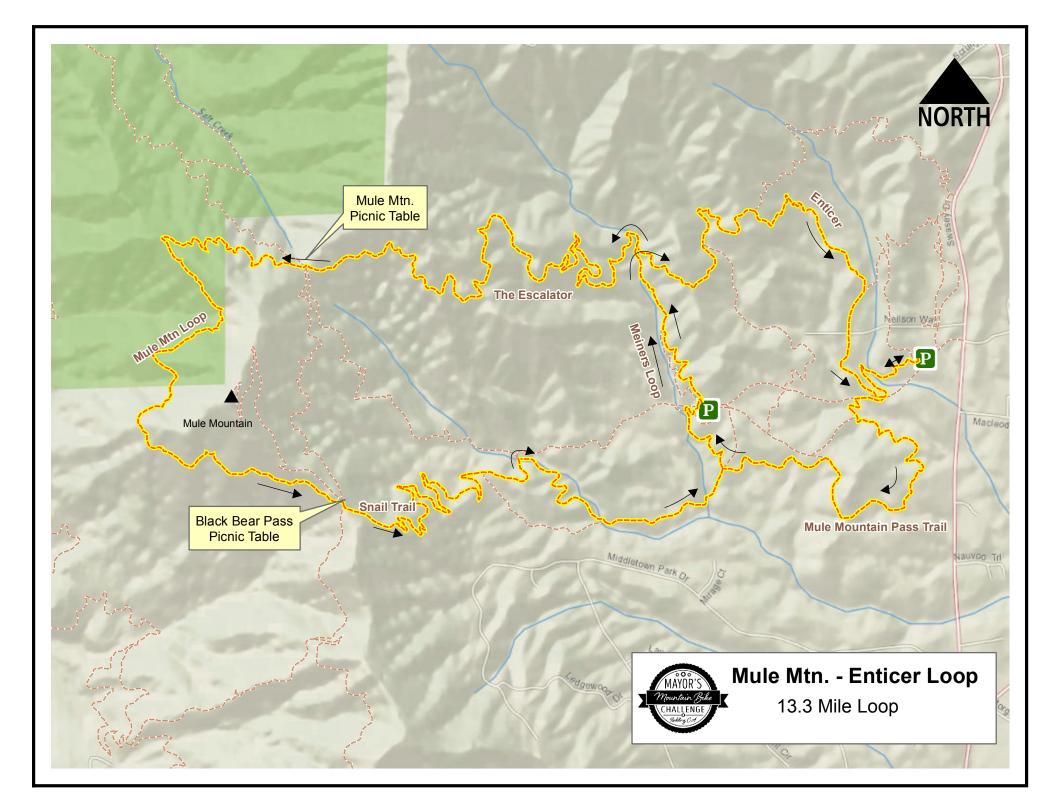
If the lake is too full, you can take alternate route. After crossing the dam turn left on Coram Rd.

Go 0.40 miles to Westside Rd turn right.

Go .25 miles to Trail 18 (Escape Trail) turn right, follow .50 miles, and stay

straight on Trail 18d for 0.40 miles to Dry Creek. Turn left onto the Dry Creek Trail.

Follow trail for 4.70 miles to the road. Turn Left on Gravel Road and go 0.90 Miles Right turn on trail #76 and follow 1.90 Miles This is a busy Motorcycle trail so be alert. Stay right and follow trail to parking lot. South through parking lot to Coram Rd. Turn left and follow Coram Rd up the hill to the North end of Shasta Dam. Stay right and take sidewalk around the barricade and head back to parking lot.



# Mule Mtn. Enticer Loop

#### Wintu Parking Lot in Swasey Rec. Area off Swasey Drive

- 0.00 Start West end of the Parking Lot take the trail to the left of the gate (don't go past the gate)
- 0.15 Creek Crossing stay on the trail
- 0.30 Cross Delano Drive trail picks up on the other side
- 0.40 Take the trail to the left and head South
- 0.50 Just after crossing the creek, take the trail to the left into the ditch (don't go up the hill)
- 1.40 After leaving the ditch and climbing a small hill, the trail turns to a fire road...just after the fire road peaks and levels out there will be a single track trail to the left...take it
- 1.90 Stay on the single track for another half mile until you come to a trail intersection. Continue straight in the ditch onto Mener's Loop Trail.
- 2.10 Soon you will see a trail that takes off up the hill, out of the ditch and away from the creek; take this trail.
- 2.20 When the trail gets to the top of the hill, veer left across the dirt road and then veer right on the single track up the trail towards the parking lot.
- 2.25 Just after a short switch back the trail intersects with the main trail out of the north end of the upper Swasey Parking lot, take a left on this trail (Meiners Loop Trail).
- 2.80 Intersection of Meiners Loop and the lower end of the Escalator stay straight on to the Escalator Trail...now it really begins to climb
- 4.30 Feeling a little tired? Take a rest on the bench to your left....
- 5.00 You have reached the top of the grade, short downhill before we come to the end of the Escalator.
- 5.30 End of the Escalator. See the picnic table...take a break before taking the up hill trail to your right (don't take either of the downhill trails or the uphill one to the left...).
- 5.90 At the ridge line, continue around the switch back and prepare for a mostly sidehill, rocky, fun trail.
- 7.50 You have reached Bear Pass (see the sign and the picnic table?). After taking a short break, veer right (not hard right) and head towards and down the Snail Trail, enjoy a ton of fun switch backs for the next 5 to 10 minutes.
- 9.00 You have reached the bottom of the Snail Trail. At the intersection, continue straight up the short hill and continue on the trail/fire road.
- 9.20 The trail will very soon come to a creek, but don't cross it yet. Hang a right and continue on the single track/ditch trail.
- 9.60 The trail gets rocky and crosses the creek, cross it and stay on the well traveled trail.
- 10.00 The trail crosses another creek, cross it, stay left onto a fire road/trail and up the hill.
- 10.10 The fire road soon intersects with a single track trail. Look familiar? You have been here before, hang a left onto the same trail you were on before. For the next 10 minutes you will be on the same trail you were on before.
- 10.40 Take the trail up the hill to the right...again.

- 10.45 Stay left/straight and cross the fire road...again.
- 10.50 After the short switch back you are again at the trail on the north side of the Upper Swasey Parking Lot...take a left on the Meiners Loop Trail and head towards the bottom of the Escalator, again...
- 11.10 At the intersection with the Escalator, stay on the Meiners Loop by taking a hard right and heading up the hill.
- 11.30 Stay straight past the picnic tables unless you need a break.
- 11.50 At the bottom of the hill, stay straight as you leave the Meiners Loop Trail and head towards the Wintu Trails. You will cross a very rocky section of creek...most walk through this.
- 11.90 Just after reaching the top of the grade you will come to a intersection with a lot of signs. This is the top of the Enticer. Enjoy yourself over the next 5 plus minutes. This is an exciting jump trail but there are options everywhere for your to roll through the jumps without actually leaving the ground. Either way you will have a blast!
- 12.70 End of the Enticer, wasn't that fun! Stay straight onto the fire road and head southeast towards Delano Drive.
- 12.90 Fire Road dumps onto Delano Drive. Watch for cars and take the first trail to your left (you have been here before).
- 13.30 Back at the Lower Swasey Parking Lot Well done!